



Sex Education Survey 2016

Background

1. Gender: [SC]

Male	1
Female	2

2. Age: _____

Programmer: Auto code and check quota:

Age 12-14	1	N=100
Age 15-17	2	N=100
Age 18-20	3	N=150
Age 21-24	4	N=150

3. Highest education level attained: [SC]

Primary school	1
Junior secondary school (Form 1 to Form 3)	2
Senior secondary school (Form 4 to Form 6)	3
Tertiary non-degree course (Eg. Associate degree, Higher- diploma)	4
University – Undergraduate	5
University – Post-graduate	6

4. Studying status: [SC]

In school	1
Out of school	2

5. Monthly household income: [SC]

Below HK\$5,000	1
HK\$5,000 – 9,999	2
HK\$10,000 –14,999	3
HK\$15,000 –19,999	4
HK\$20,000 –24,999	5
HK\$25,000 –29,999	6
HK\$30,000 –39,999	7
HK\$40,000 –49,999	8
HK\$50,000 –59,999	9
HK\$60,000 –69,999	10
HK\$70,000 –79,999	11
HK\$80,000 –89,999	12
HK\$90,000 –99,999	13
HK\$100,000 or above	14
Don't know	99



6. Parents' marital status: [SC]

Married	1
Divorced	2
Deceased	3

7. On a scale of 1 to 4, how satisfied are you about your family life? [SC]

Very satisfied	4
Satisfied	3
Not satisfied	2
Very not satisfied	1

8. District resided in: [SC]

Hong Kong Island 香港	
Aberdeen南區 (薄扶林 / 香港仔 / 黃竹坑 / 鴨脷洲)	1
Western/Central西區/中區 (堅尼地城 / 石塘咀 / 西營盤 / 上環 / 半山區 / 中環)	2
Wanchai灣仔 (大坑 / 銅鑼灣 / 跑馬地 / 掃桿埔 / 渣甸山)	3
Eastern東區 (北角 / 寶馬山 / 鰂魚湧 / 西灣河 / 筲箕灣 / 柴灣 / 小西灣)	4
Kowloon 九龍	
YauTsimMong油尖旺 (油麻地 / 佐敦 / 尖沙咀 / 大角咀)	5
Kwun Tong觀塘 (油塘 / 藍田 / 牛頭角 / 佐敦穀 / 九龍灣 / 秀茂坪)	6
Sham Shui Po深水埗 (荔枝角 / 長沙灣 / 石硤尾 / 又一村 / 大窩坪 / 筆架山)	7
Kowloon City九龍城 (紅磡 / 何文田 / 馬頭圍 / 土瓜灣 / 九龍塘)	8
Wong Tai Sin黃大仙 (新蒲崗 / 慈雲山 / 樂富 / 鑽石山 / 斧山 / 牛池灣)	9
New Territories 新界	
Kwai Tsing葵青 (大窩口 / 葵湧 / 青衣 / 石蔭)	10
Tsuen Wan荃灣 (深井 / 青龍頭)	11
Tuen Mun屯門	12
Yuen Long元朗 (天水圍 / 屏山 / 洪水橋)	13
Northern 北區 (上水 / 粉嶺)	14
Tai Po大埔	15
Shatin 沙田 (馬鞍山 / 大圍)	16
Sai Kung 西貢 (將軍澳 / 坑口)	17
Islands/Other 離島區/其他	
Lantau Island 大嶼山	18
Cheung Chau 長洲	19
Lamma Island 南丫島	20
Other 其他	97

9. Ethnicity [SC]

Chinese	1
Non-Chinese	2
Refuse / Irrelevant	98



Dating and relationship

10. (a) Have you ever dated? [SC]

Yes	1	Continue to 10(b)
No	2	Go to 11

(b) How old were you when you first dated?

RECORD EXACT AGE _____

(c) What was the main reason that made you go on your first date? [SC]

I liked him/her	1
I was asked and didn't want to refuse	2
To kill time	3
Peer pressure; everyone does it	4
I didn't think that was a date at the beginning when I was asked/ I think it was a gathering with friends	5

11. What does "dating" mean to you? Please choose "Agree" or "Disagree" to the following statements about dating. [SC]

	Agree	Disagree
a. It involves the following physical contact:		
- Holding hands	1	2
- Embracing	1	2
- Kissing on the face	1	2
- Kissing mouth to mouth	1	2
- Touching body part	1	2
- Having sex	1	2
b. We must have agreed to call each other boyfriend / girlfriend	1	2
c. On communications, dating means we must:		
- Text each other every day	1	2
- Call each other every day	1	2
- Meet each other in person every day	1	2

- Meet each other in person during weekend	1	2
- Meet each other in person whenever both of us are free	1	2
d. We must not date other people	1	2
e. We must introduce each other to our friends	1	2
f. We must introduce each other to our parents	1	2

ASK IF 10(A) coded 1, others go to 13(a)

12. (a) Have you ever broken up with someone? [SC]

Yes	1	Continue to 12(b)
No	2	Go to 13(a)

(b) What was the main reason for your last break-up? [SC]

Difference in personalities / values	1
To focus on studies, work or other interests	2
I liked somebody else	3
Feelings faded	4
He/she broke up with me	5
Long distance	6
Parent opposed our relationship	7
I do not have confidence towards my partner	8

(c) Which of the following describes your emotion after your last break up? [SC]

I felt happy	1	Continue to 13(a)
I wasn't affected at all	2	Continue to 13(a)
I was upset or angry	3	Continue to 12(d)

(d) What did you do? Please check all that applies. [MC]

I tried to distract myself with studies, work and/or other interests	1
I tried to find another love interest	2
I shared my feelings with others (friends, family, social workers, etc.)	3
I lost interest in, or paid less attention to, my studies or work	4
I resorted to drinking, smoking or substance abuse	5
I resorted to violence (to myself, my ex-boyfriend/girlfriend or property)	6
I kept contacting my ex-boyfriend/girlfriend even though he/she didn't want me to	7
I had an emotional breakdown/I just kept crying	8
Time will heal	9



Technology and dating

13 (a) Have you ever used an online dating platform (including websites, forums, chatrooms, and mobile apps e.g., Tinder, WeChat)? [SC]

Yes	1	Continue to 13(b)
No	2	Go to 14

(b) Have you ever gone out with someone you met through an online dating platform (including websites, forums, chatrooms, and mobile apps e.g., Tinder, WeChat)? [SC]

Yes	1
No	2

ASK IF 10(a) CODED 1, OTHERS GOTO 14

(c) Have you dated someone you met through an online dating platform (including websites, forums, chatrooms, and mobile apps e.g., Tinder, WeChat)? [SC]

Yes	1
No	2

14. What do you think about online dating (the behavior)? (Please check all that applies) [MC]

It is a good way to meet people	1
People who use online dating are lonely	2
A lot of people who use online dating lie (whether about their personal profile, their relationship status or other matters)	3
Online dating allows people to find a better match for themselves because of algorithms that match people's interests	4
Online dating is dangerous as it publicizes your personal information	5
Online dating is easier and more efficient than other ways of meeting people	6
Online dating is not a good way to make friends because you never know how that person is	7

15. What is usually your preferred way of showing interest in someone? [SC]

Text or other private forms of messaging	1
Phone calls	2
Video calls	3
Social media interaction (e.g., following them, liking or commenting on their posts)	4
Meeting in person	5
Most of time I am shy to contact them	6
Don't know	98



ASK IF 10 CODED 1, OTHERS GOTO 18

16. What is usually your preferred way of communicating with your boyfriend / girlfriend? [SC]

Text or other private forms of messaging	1
Phone calls	2
Video calls	3
Social media interaction (e.g., following them, liking or commenting on their posts)	4
Meeting in person	5
Others: _____ (please specify)	6

ASK IF 12(a) CODED 1, OTHERS GOTO 18

17. Thinking about your past break-ups, have you done any of these or has any of these happened to you? (Please check all that applies) [MC]

One-sidedly changing one's Facebook status	1
Breaking up by writing on one's Facebook wall	2
Breaking up by text or other private forms of messaging	3
Breaking up via phone call	4
Breaking up in person	5
Breaking up by ignoring and shutting down all communications	6
None of the above	7

ASK IF 10 CODED 1, OTHERS GOTO 19

18. On a scale of 1 to 5 (1 being strongly disagree; 5 being strongly agree), do you agree or disagree with the following statements about social media and relationships? [MC]

(1: strongly disagree; 2: disagree; 3: neutral; 4: agree; 5: strongly agree)

	strongly agree	agree	neutral	disagree	strongly disagree
I am more aware of what's happening in my boyfriend's / girlfriend's life	5	4	3	2	1
I feel emotionally closer to my boyfriend / girlfriend	5	4	3	2	1
Seeing my boyfriend/girlfriend's interactions with others on social media makes me feel jealous	5	4	3	2	1
Seeing my boyfriend/girlfriend's interactions with others on social media makes me feel unsure about our	5	4	3	2	1
I feel that I need to show to the world how much I care about my boyfriend / girlfriend on social media and vice versa	5	4	3	2	1



I feel pressured to post pictures and updates about my relationship on social media because my boyfriend / girlfriend	5	4	3	2	1
I find my boyfriend's / girlfriend's act of posting pictures or updates about our relationship on social media annoying	5	4	3	2	1
Social media has positive influences to relationships	5	4	3	2	1

19. Do you publicly display your relationship status (single, in a relationship, etc.) on Facebook? [SC]

Yes	1
No	2
I don't use Facebook	3

20. (a) Have you ever sexted (sent messages with nude pictures or videos of yourself)? [SC]

Yes	1	Continue to 20(b)
No	2	Go to 21

(b) Who did you send the sext to? (Please check all that applies) [MC]

My boyfriend / girlfriend	1
Someone I have a crush on	2
A friend	3
An acquaintance (including someone I met online)	4
Others: _____ (please specify)	5

(c) What was your reason for sending the sext? (Please check all that applies) [MC]

To please the recipient	1
I was asked to send it and I was okay with it	2
I was asked to send it and I didn't know how to refuse even though I didn't want to	3
As a joke	4
I was bored	5
My friends sext so I did too	6
Don't know	98

21. (a) Have you ever received a sext? [SC]

Yes	1	Continue to 21(b)
No	2	Go to 22



(b) Who did you receive the sext from? (Please check all that applies) [MC]

My boyfriend / girlfriend	1
Someone I have a crush on	2
A friend	3
An acquaintance (including someone I met online)	4
Strangers	5

(c) What did you do with the sext? (Please check all that applies) [MC]

Viewed and deleted it	1
Saved it	2
Forwarded / showed it to my friends	3
Uploaded it onto the Internet (Facebook, forum, etc.)	4
Blacklist the sender	5

22. Which of the following best describes your view of sexting (the behaviour)? [SC]

Sexually arousing	1
Exciting	2
Harmless fun	3
I feel uncomfortable about it	4
Stupid	5
I am disgusted by it	6
Risky	7
Don't know	98



Sex

For this section, please add the instruction:

If you prefer not to answer this question, please click the "Next" button to go to the next page.

23. What counts as “sex” to you? (Please check all that applies) [MC]

a. Vaginal sex (penis-in-vagina intercourse)	1
b. Oral sex (mouth-to-genital contact)	2
c. Anal sex (penis-in-anus intercourse)	3
d. Fingering or hand jobs (hand-to-genital contact)	4
e. Dry humping or genital rubbing	5
f. Touching any body part	6

24. Have you ever had sex? [SC]

Yes	1	Continue to 25
No	2	Go to next section 37

25. How old were you when you first had sex?

26. What made you have sex the first time? (Please check all that applies) [MC]

Curiosity	1
Excitement	2
Love or affection	3
I felt it was the right time to take the relationship with	4
Physical attraction or desire	5
The influence of alcohol or other substance	6
Pressure from sexual partner	7
Peer pressure	8
Other factors: _____ (please specify)	9

27. (a) Thinking about the first time you had sex, would you describe it as a positive or negative experience on a scale of 1 to 5 (1 being very positive; 5 being very negative)? [SC]

Very positive	5	Continue to 27(b)
Positive	4	Continue to 27(b)
Neutral	3	Go to 28
Negative	2	Continue to 27(c)
Very negative	1	Continue to 27(c)



(b) Why was it a positive experience? (Please check all that applies) [MC]

I felt emotionally closer to my partner	1
I enjoyed the act of having sex	2
It made me feel more mature	3
Others: _____ (please specify)	4

(c) Why was it a negative experience? (Please check all that applies) [MC]

I felt forced into having sex	1
I didn't feel ready or didn't know what to do	2
I didn't like my partner that much	3
The act was against my moral or religious beliefs	4
I didn't enjoy the process	5
Others: _____ (please specify)	6

28. Looking back, would you have preferred to have sex at a later age? [SC]

Yes	1
No	2

29. How many people have you had sex with so far? [SC]

One	1
Two	2
Three	3
Four	4
Five or more	5

30. Thinking back to all of the sex partners you've had, what was the average time between knowing him/her and having sex with him/her? [SC]

Less than a week	1
1 week to less than 1 month	2
1 month to less than 3 months	3
3 months to less than 6 months	4
6 months to less than 1 year	5
More than 1 year	6



31. Thinking back to all of the sex partners you've had, what was the shortest time between knowing him/her and having sex with him/her? [SC]

Less than a week	1
1 week to less than 1 month	2
1 month to less than 3 months	3
3 months to less than 6 months	4
6 months to less than 1 year	5
More than 1 year	6

32. How consistently do you use contraceptives while having sex? [SC]

Every time	1
More than half of the time	2
About half of the time	3
Less than half of the time	4
Never	5

33. What method of contraceptives do you normally use? [SC]

I don't use any	1
Natural rhythm	2
Extra-vaginal ejaculation	3
Washing afterwards	4
Condom	5
Oral contraceptive (pre-intercourse)	6
Oral contraceptive (post-intercourse) a.k.a. "Plan B"	7
Others: _____ (please specify)	8

34. Which of these factors affect you the most when deciding on the use of contraceptives?
Please choose three and state the order of importance (1 being most important and 3 being least important).

a	Prevention of pregnancy	
b	Safety from disease	
c	Cost	
d	Convenience in obtaining it	
e	Easy to use	
f	Minimal interruption with sex	
g	My partner's preference	

35. Have you or your partner ever got pregnant? [SC]

Yes	1
No	2



36. (a) If you or your sex partner accidentally got pregnant, what would you do? (Please choose three and rank them in order of priority). (1 being first priority and 3 being least priority).

a) Seek help from parents		Go to Next section 37
b) Seek help from teachers		Go to Next section 37
c) Seek help from social workers		Go to Next section 37
d) Seek professional help (specialized NGOs, clinics, etc.)		Go to Next section 37
e) Seek help from partner		Continue to 36(b)
f) Seek help from friends or classmates		Continue to 36(b)
g) Seek help from siblings or cousins		Continue to 36(b)
h) Take advice from newspapers, magazines or other media		Continue to 36(b)
i) Don't know what to do		Continue to 36(b)

(b) If you wouldn't seek help from someone older than you or seek professional help, why?
(Please check all that applies) [MC]

I don't want to be told off or judged	1
I don't want to let them down or I feel shameful	2
I can handle it myself	3
I may be forced into doing something I don't like	4
They won't understand how I feel	5
Others: _____ (please specify)	6



Sex Education and Competence

37. Growing up, what has been your main source of information about sex? [SC]

School teachers	1
Parents or older relatives (aunts, uncles, grandparents, etc.)	2
Peers (boyfriend/girlfriends, classmates, friends, siblings, cousins, etc.)	3
Social workers and social welfare organizations	4
Health professionals	5
Media (including newspapers, magazines, online forums, chatrooms, and social media): _____ (please specify)	6
Pornography	7
Workplace	8

38. (a) Growing up, did your parents talk about sex with you? [SC]

Yes	1	Continue to 38(b)
No	2	Go to 39(a)

(b) How often did your parents talk about sex with you? [SC]

Every 1-2 months	1
Every 2-6 months	2
Every 6 months to 1 year	3

(c) What topics about sex did your parents most frequently talk about? [SC]

Sex-related anatomy (bodily changes during puberty, gender biological differences, different types of intercourse, etc.)	1
Reasons for abstinence from sex	2
Having safe sex (using contraception, preventing sexually transmitted disease, etc.)	3
Body image and self-perception	4
Emotions and relationship management (with the opposite sex, peers, etc.)	5
Sexual harassment and abuse	6
Sexual orientation and homosexuality	7
Others: _____ (please specify)	8

39. (a) Would you have preferred that your parents talked to you more about sex? [SC]

Yes	1	Continue to 39(b)
No	2	Go to 40



(b) What topics about sex would you have wanted your parents to talk to you more about? Please choose three and state the order of importance (1 being most important and 3 being least important).

a. Sex-related anatomy (bodily changes during puberty, gender biological differences, different types of intercourse, etc.)	
b. Having safe sex (using contraception; preventing sexually transmitted disease, etc.)	
c. Body image and self perception	
d. Emotions and relationship management (with the opposite sex, peers, etc.)	
e. Sexual harassment and abuse	
f. Sexual orientation and homosexuality	
g. Others (please specify): _____	

40. On a scale of 1 to 4, how competent do you feel about sex and relationships? [SC]

Very competent	4	Go to "Thank you page"
Competent	3	Go to "Thank you page"
Less than competent	2	Continue to 41
Very incompetent	1	Continue to 41

41. (a) Who would you have preferred to learn about sex and relationships from? Please choose 3 and state the order of importance (1 being most important and 3 being least important).

A	School teachers	
B	Mother	
C	Father	
D	Older relatives that are not your parents (aunts, uncles, grandparents, etc.)	
E	Peers (boyfriend/girlfriends, classmates, friends, siblings, cousins, etc.)	
F	Social workers and social welfare organizations	
G	Health professionals	
H	Media (including online forums)	
I	Others (please specify): _____	



(b) Which topic about sex and relationships would you have preferred to learn more about? Please choose three and state the order of importance (1 being most important and 3 being least important).

a	Sex-related anatomy (bodily changes during puberty; gender biological differences; different types of intercourse; etc.)	
b	Having safe sex (using contraception; preventing sexually transmitted disease, etc.)	
c	Body image and self perception	
d	Emotions and relationship management (with the opposite sex, peers, etc.)	
e	Sexual harassment and abuse	
f	Sexual orientation and homosexuality	
g	Others (please specify): _____	

Thank you for your participation